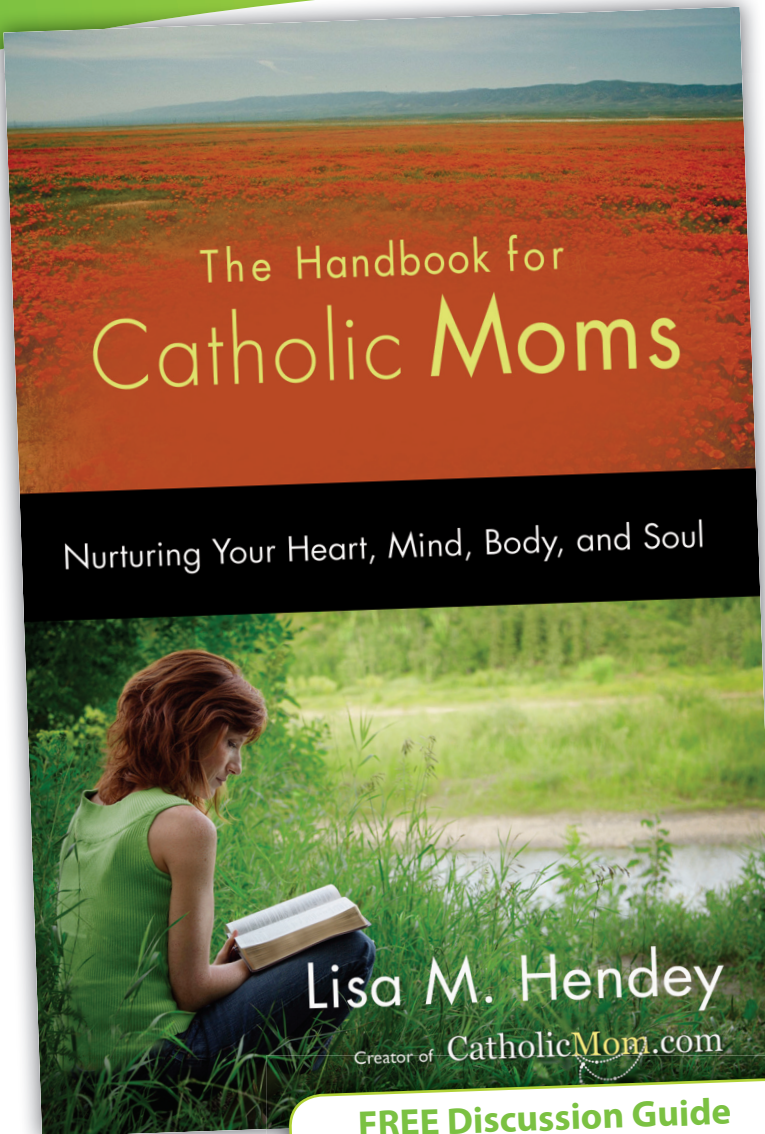


Meet the Author



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Lisa M. Hendey is the creator of www.CatholicMom.com and the host of the weekly *Catholic Moments* podcast and the “Catholic Mom” television show. Hendey writes regularly for *Faith & Family*, and her articles have appeared in *National Catholic Register* and *Our Sunday Visitor*. She also gives workshops on faith, family, and Catholic new media topics. Hendey lives in the Fresno area with her husband of twenty-three years and their two teenage sons.

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Published by **ave maria press**® / www.avemariapress.com

A Ministry of the Indiana Province of Holy Cross